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## Crisis Support

### Medical Emergency

9-1-1

### National Suicide Prevention Hotline

1-800-273-TALK(8255)

TTY 711-1-800-273-TALK(8255)

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

### National Suicide Prevention Hotline *Ayuda En Español*

1-866-628-9454

### The Sticker Project: Text Crisis Line

text “TBH” to 741741

### Prevention of Youth Suicide

1-800-SUICIDE (784-2433)

text “Jason” to 741741

[jasonfoundation.com](http://jasonfoundation.com)

### Trevor Project: LGBT Crisis Line

1-866-488-7386

text “Start” to 678678

[thetrevorproject.org](http://thetrevorproject.org)

### LGBT National Help Center

1-888-843-4564 *National Hotline*

1-800-246-7743 *Youth Hotline*

1-888-234-7242 *Senior Hotline*

<https://www.glbthotline.org/>

### Trans Lifeline

Voice: (877) 565-8860 in US

[translifeline.org](http://translifeline.org)

# Domestic Violence and Abuse Support

## National Domestic Violence Hotline

1-800-799-SAFE (7233)

TTY 1-800-787-3224,

## Stronghearts Native Helpline

“Helpline for American Indians and Alaska Natives”

8am - 10pm

1-844-762-8483

## National Network to End Domestic Violence

[nnev.org](http://nnev.org)

## Prevent Child Abuse America

[preventchildabuse.org](http://preventchildabuse.org)

## National Deaf Domestic Violence Hotline

Videophone: 1-855-812-1001

Email: [nationaldeafhotline@adwas.org](mailto:nationaldeafhotline@adwas.org)

[ADWAS.org](http://ADWAS.org)

## General Resources

### SAMHSA’s National Helpline

1-800-662-HELP (4357)

TTY 1-800-487-4889

[samhsa.gov](http://samhsa.gov)

### National Alliance on Mental Health (NAMI)

Mon- Fri 10am-6pm only

1-800-950-NAMI (6264)

text NAMI to 741-741

### Mental Health America

Text “MHA” to 741-741